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1		<b>QUICK REFERENCE GUIDE TO NROTC STANDARDS</b>						
2		<b>Standard</b>	<b>Description</b>				<b>Comments</b>	
3								
4		<b>Eligibility for Enrollment</b>						
5								
6		Be a United States citizen.	Alien students may be enrolled in NROTC					
7		Have no moral obligations or personal convictions that will prevent bearing of arms and supporting and defending the Constitution of the United States against all enemies, foreign and domestic.						
8		Be at least 17 years old before 1 Sep of the year of enrollment, but less than 27 on 30 Jun of the year of commissioning.					Applicants with prior or current active duty may be granted age waivers equal to the number of months served, not to exceed 36 months.	
9		Be physically qualified for the program.						
10		Have a high school diploma or equivalent certificate.						
11		Be accepted for admission as a full-time student at a participating NROTC college or university.						
12		Be morally qualified and possess officer-like qualifications and character.	Exhibited by appearance, scholarship, activities, and community service.					
13		Meet DON requirements regarding prior use of drugs or alcohol, per OPNAVINST 5350.4C.						
14		Credit Check	All NROTC scholarship students will undergo national agency check with local agency and credit checks. College program students must have same check upon entry into advanced standing.					
15								
16		<b>Academic Standards</b>						
17								
18		Maintain a cumulative GPA on a 4.0 scale of 2.0 for MIDN and MECEP and 2.5 for STA-21, or 3.0 for STA-21 Nuclear and CEC Options. Nurse Option shall maintain a GPA consistent with their nursing school admission standards, but not less than 2.0 on a 4.0 scale.					All students should strive to achieve the NROTC academic goal of 3.0 GPA.	
19		All NROTC-specified and Naval Science courses will be taken for a letter grade.					Pass/fail grading is not permitted unless specific university policy precludes it.	
20		No failing grades in any subject required for completion of degree or commissioning requirements.						
21		<b>Required NROTC-Specified Courses</b>						
22								
23		Calculus	Required for all Navy Scholarship students				Calculus sequence will include material through	
24		Physics (calculus-based)	Required for all Navy Scholarship students				Physics sequence shall be calculus-based and cover	
25			The requirement to complete calculus and physics CANNOT be waived.					

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26			Calculus and physics courses completed at other than host institutions must be transferable for credit to the host institution before they can be used to satisfy+Al the Navy Scholarship Program requirement.					
27			Students who have high school credit for calculus or calculus-based physics for college credit, which has been validated by the college, must complete 1 additional three-semester-hour college course in each area. (PNS should discourage students from validating calc and physics courses from high school and encourage them to complete college courses.)					
28		College Algebra (or higher) or Advanced Trigonometry	Required for all Navy College Program students. Minimum 6 semester hours. Completed				Completing requirement by validation is acceptable, but must appear on transcript.	
29		Physical Science	Required for all Navy College program				Completing requirement by validation is acceptable, but	
30		American History/National Security Policy	Required for all Navy and Marine students					
31		Regional Studies/World Culture/World Religions	Required for all Navy Midshipmen. Minimum of 3 semester hours. Must be approved by PNS. Completed by end of senior year.				Must have an emphasis on Third World, Far East, or Southwest Asia.	
32		English	Required for all Navy students (MIDN and STA-21). Minimum of 6 semester hours. Must be				Must concentrate on areas of grammar and composition and require significant student writings.	
33								
34		<i>Standard</i>	<i>Description</i>				<i>Comments</i>	
35								
36		<i>Required Naval Science Courses</i>						
37								
38		Introduction to Naval Science	Taken freshman year.				Students with at least 3 years NJROTC or MCJROTC course	
39		Sea Power and Maritime Affairs	Taken freshman year.				Nurse Corps Option may take in sophomore year.	
40		Leadership and Management	Taken sophomore year. STA-21 OCs take when				Required for all students.	
41		Navigation	Taken sophomore year. (Should be taken before				Not required for Nurse and Marine Corps Options.	
42		Naval Ships Systems I (Engineering)	Taken junior year. (Should be taken before				Not required for Nurse and Marine Corps Options.	
43		Naval Ships Systems II (Weapons)	Taken junior year.				Not required for Nurse and Marine Corps Options.	
44		Naval Operations and Seamanship	Taken senior year.				Not required for Nurse and Marine Corps Options.	
45		Leadership and Ethics	Taken senior year. STA-21 OCs take when degree plan allows.				Required for MECEPs and STA-21.	
46		Evolution of Warfare	Taken sophomore or junior year.				Marine Option only; optional for Navy Option. Required	
47		Amphibious Warfare	Taken junior or senior year.				Marine Option only; optional for Navy Option. Required	
48								
49		<i>Other Professional Training</i>						
50								
51		Naval Science Laboratory	Taken every year.				Professional education and training on variety of Navy	
52		Naval Science Institute	Intensive professional, academic, & physical				Two-year NROTC Program: Intro to NS, Sea Power, Naval	
53		Command & Leadership Training (CALT)	Takes place in settings that simulate an				Can include drill team, inter-unit competitive military	
54		New Student Orientation	PNS is encouraged to conduct orientation programs at the beginning of the school year. Lesson plans and risk assessments are required. Active duty staff must be present at all evolutions of orientation.				May include enrollment processing; uniform issue; uniform regs and grooming standards; basics of military customs, courtesies, traditions, and organization; basics in military drill and ceremony; physical fitness and swim testing; instruction in the privileges/benefits of NROTC Program and individual responsibilities; introduction to unit and university.	
55								
56		<i>Summer Training</i>						
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58		Controlled 3 or 3-1/2 year scholarship recipients participate in CORTRAMID or second class cruise and first class summer training periods (or OCS for Marine Option).	First class cruises are mandated and may be postponed but not waived.					
59		Scholarship recipients of 2 and 2-1/2 years and College Program MIDN will participate only in first class summer training.	First class cruises are mandated and may be postponed but not waived.					
60		STA-21 and MECEP do not participate in summer training.	MECEPs will attend OCS during the summer between their freshman and sophomore years.					
61		SSO MIDN are eligible to participate in at-sea cruises, but are ineligible for NROTC Program funding.						
62		Third Class Summer Training	Career Orientation and Training for Midshipmen (CORTRAMID) -- a warfare community indoctrination conducted between freshman & sophomore academic years for all scholarship students (except Nurse Corps).				Third class cruise will not be rescheduled for a student, but may be waived by OD3.	
63		Third Class Summer Training for Nurse Corps	At-sea training with the medical department of a ship. Conducted between freshman & sophomore academic years.				Refer to NAVEDTRA 37300 (series).	
64			Navy Option: Normally at-sea training on					
65		First Class Summer Training	Conducted between junior & senior academic years for all first class NROTC midshipmen. Provides exposure to the officer and wardroom environment.				First class cruise is mandatory; may be postponed but not waived.	
66			Marine Option: OCS at Quantico, VA.					
67			Nurse Corps Option: Training at a naval hospital to learn the organizational structure and functions.					
68								
69		Physical Fitness Program Elements						
70								
71		Notify new students of PFA/PFT standards and NEHC pre-entry conditioning program.						
72		Obtain DoDMERB "qualified" or "waived" physical status OR civilian sports physical prior to participation in unit-directed PT.					Under no circumstances will PT commence without proper documentation of a physical exam.	
73		Complete a yearly PARFQ prior to starting unit-directed PT.					Any affirmative responses require evaluation by a medical professional prior to initiating physical	
74		Complete a yearly Annual Certificate of Physical Condition (NSTC 6220/8).						
75		Standard	Description				Comments	
76								
77		Conduct wellness & safety training, per OPNAVINST 6110.1 (series).						
78		Initiate or reassess physical conditioning program based on stated NEHCprogram stage or trial PFA performance.						

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79		Ensure all requirements are met, documented, and reviewed prior to each year's initial PT session.						
80		Conduct an inventory PFA no earlier than 30 days after the start of the fall term. (At least one per term.)						Allows individuals to gauge their level of conditioning and physical readiness prior to an official PFA/PFT.
81		Conduct an official PFA/PFT once per term. (Shall be conducted at least 4 months and not more than 8 months apart.)						
82		Conduct up to 3 unit-directed PT sessions per week. Direct staff supervision is required at all unit-sponsored/directed PT.						When approved by the CFL, an individualized training plan may include more than 3 unit-directed PT sessions per week.
83		Conduct specific PT programs for USMC prep and FEP.						
84								
85		<b>Physical Fitness Standards</b>						
86								
87		MIDN and OCs must attain minimum performance level in a "Good" category in all events in the Navy PFA, per OPNAVINST 6110.1 series.						A swim may be substituted for a run in special cases.
88			OUTSTANDING - Performance above or equal to top 10%.					
89			GOOD - Performance better than or equal to lowest 25%, but less than excellent.					
90			UNSATISFACTORY - Performance in lowest 10%.					
91		Marine Option must score 225 or better at the start of senior year, per MCO P6100.12.						PFT score of 275 or higher is recommended to successfully complete the 6-week OCS course.
92		All MIDN must meet height/weight and body fat standards identified in OPNAVINST 6110.1 series or MCO P6100.12.	Body fat must not exceed 22% for USN males and 33% for USN females or 18% for USMC males and 26% for USMC females.				Not waiverable. Students will not be permitted to enter third class year unless standards have been met. College program students shall not be admitted to advanced standing unless standards are met.	
93		Midshipmen must qualify as Swimmer, 3rd Class, by end of fourth class year.	Students who qualify as Swimmer, 2nd Class, are exempt from further testing. Students who qualify at lower than Swimmer, 2nd Class, shall re-qualify annually.					
94								
95		<b>Standards of Conduct &amp; Aptitude for Service</b>						
96								
97		NROTC students are expected to conduct themselves per the standards of socially acceptable behavior and display military officer bearing and demeanor at all times. These standards, when evaluated together, provide a measure of aptitude for commissioned	Delineation between satisfactory and substandard aptitude is a responsibility of the PNS. Inappropriate standards of conduct are categorized as major and minor offenses.					
98			<b>Minor Offenses:</b> Those offenses of a less					
99		Students who receive a term aptitude grade of 2.5 or below will receive an "aptitude warning" letter or be placed on probation.						
100								

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101	<b>Other Commissioning Requirements</b>						
102							
103	Pre-commissioning medical examinations	All graduating students must be given pre-commissioning exams at least 12-24 months prior to commissioning.			Commissioning physicals are good for 5 years with updated information. Special programs require completely new physicals.		
104	Sail Training	In units with active sailing programs, all			Waivers may be requested from OD3.		
105							
106	<b>GENERAL GUIDELINES FOR PERFORMANCE DEFICIENCIES</b> <b>(REFER TO THE APPROPRIATE CHAPTER FOR SPECIFIC GUIDANCE)</b>						
107	<b>Academics</b>	<b>Warning</b>	<b>PRB</b>	<b>Probation</b>	<b>LOA</b>	<b>Disenroll</b>	<b>Comments</b>
108	Term < 2.5 ( 2.0 for MECEP and 3.0 for CEC)	X					
109	Cum < 2.0 (2.5 for STA-21 and 3.0 for CEC)	X					
110	2nd Term < 2.5 ( 2.0 for MECEP and 3.0 for CEC)			X			or may do LOA per Chapter 8.
111	2nd Cum < 2.0 (2.5 for STA-21 and 3.0 for CEC)			X			or may do LOA per Chapter 8.
112	3rd Term < 2.5 (2.0 for MECEP and 3.0 for CEC)		X		X	(or X)	or 2nd term of probation per Chapter 8.
113	3rd Cum < 2.0 (2.5 for STA-21 and 3.0 for CEC)		X		X	(or X)	or 2nd term of probation per Chapter 8.
114							
115	Term < 3.0 STA-21(N)	X		(or X)			
116	2nd consecutive term < 3.0 STA-21(N)		X				
117	Term < 2.75 STA-21(N)		X				
118	Cum < 3.0 STA-21(N)		X				
119	any course failure STA-21(N)		X				tech or non tech courses
120	C- or below in any tech course STA-21(N)						course must be repeated
121							
122	Fail/incomplete any course	X					
123	Fail/incomplete required course			X			
124							
125	Fail Calc/ Phys			X			
126	Fail Calc/ Phys (repeat)		X		X		
127							
128	Fail to correct probation stipulations		X		X	(or X)	or 2nd term of probation per Chapter 8
129	Enrolling in < 12 Units without PNS approval		X		X		
130	Not meeting Calc/Phys within time requirements		X		X		OD3 can grant time-of-completion waivers per Chapter 4.
131	Failure to correct LOA stipulations		X			X	
132	<b>Aptitude</b>						
133	minor offense	X					
134	One term aptitude grade < 2.5 but > 2.0	X					
135	Subsequent term aptitude grade < 2.5 but > 2.0			X			
136	Year aptitude grade < 2.0		X		X		
137	Failure to correct LOA stipulations		X			X	
138	Drug use		X			X	
139	<b>Academics</b>	<b>Warning</b>	<b>PRB</b>	<b>Probation</b>	<b>LOA</b>	<b>Disenroll</b>	<b>Comments</b>
140	<b>PFA - PFT - Swim - Ht/Wt Failure</b>						
141	Mock/inventory PFA failure	X					
142							
143	1st < good or 225 but > fail	X					
144	2nd < good or 225 but > fail			X			
145							
146	1st below Satisfactory (fail)			X			

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147		<b>Academics</b>	<b>Warning</b>	<b>PRB</b>	<b>Probation</b>	<b>LOA</b>	<b>Disenroll</b>	<b>Comments</b>
148		<b>PFA - PFT - Swim - Ht/Wt Failure</b>						
149		2nd (anytime) below Satisfactory (fail)		<b>X</b>		<b>X</b>		or may grant second term of probation if improving per Chapter 8.
150		3rd (anytime) below Satisfactory (fail)		<b>X</b>			<b>X</b>	
151								
152		1st <Good Low/225 1C year		<b>X</b>		<b>X</b>		
153		2nd <Good Low/225 1C year		<b>X</b>			<b>X</b>	do not commission